



NEWSLETTER

DECEMBER
2025



"Small Steps, Big Hearts"



Key Points

Successful Christmas Fair

Listed on Find A Helpline

Hotline Expansion

Donation Team

Upcoming Dates

Dinner for loneliness

Weekly Market Sunday

Our first fair

What a wonderful weekend at the Christmas market with Hope. Three full days on 5, 6, and 7 December filled with energy, connection, and real impact.

We were there with six dedicated volunteers (Nhung, Vi, Tram, Duc Anh, Chau) who shared a lot of information and welcomed many new people. We had three TV interviews and received a lot of attention from the community. Many visitors took our brochures, asked thoughtful questions, and shared that they want to stay in contact with us.

We are also very grateful for the 14 million VND in donations. This support helps us continue our work. Most importantly, we had a lot of fun together. Thank you so much to everyone who helped, visited, donated, and supported us. We are happy to share that we have been invited to join the next market on Sunday.

New Domain

Thanks to our donation team for their great work this month and for bringing in 3.5 million VND.

One important item we purchased is a new domain name, www.hopeline.vn. From now on, our website can be reached via our original name hyvongsong.com and also via www.hopeline.vn.

With this new domain name, we hope to attract more international sponsors and strengthen our international visibility.





A volunteer in the spotlight

I am Hân, a Master's student in Psychology. I have come to deeply understand that in our life journey, each of us has moments of vulnerability and needs genuine listening. This awareness has become a powerful motivation for me to join HOPE.

For me, mental health is not just a concept it is the ongoing effort and positive transformation of an entire community. I believe that together with HOPE, we can create a starting point and spread that positive change further.

I truly hope to contribute my professional skills to this meaningful mission.

Good News Update

Findahelpline Listing:

HOPE is now featured on Findahelpline, one of the world's most trusted support directories. This milestone means more people here and beyond can find us when they need a safe, compassionate place to turn to. It marks a powerful affirmation of our direction and our impact.

Connection with Barnardos:

Barnardos, a long-standing international charity for vulnerable children and families, has also reached out to us proactively. Their interest shows that HOPE's work is being seen, valued, and felt across borders. It is a reminder that what we are building truly matters.

Long Range Plans

Physical office

We are working toward our first HOPE office so support has a real home base. It will be a place to coordinate care, train people, and build stronger partnerships in the community.

Official 8 digit hotline

We aim to secure an official 8 digit hotline to make reaching us simpler and faster. A clear number helps more people find support when they need it most.

Safer community

Our long term goal is to help create a community where people feel safer asking for help. We want support to feel normal, respectful, and free of judgment.

Accessible anywhere and anytime (24H/7)

Over time, we want HOPE to be reachable beyond one city or one moment. Our vision is support that can scale, adapt, and remain accessible across Vietnam and beyond at any time (24 hour).

Building something that matters

Everything we do is focused on long term impact, not quick fixes. We are laying foundations that can last, grow, and serve more people year after year.



News From the groups

Team Hotline

Leader: Nguyen Thi Hau

- Hotline The Hotline team has completed 3–4 training sessions and preparing for the next generation of volunteers.
- The number of calls to the hotline and messages on our fanpage has increased significantly, showing growing community trust and demand for support.
- The volunteers received their first calls, filled with a mix of emotions — confusion, nervousness, and pride.

Team Social

Leader: Tran Lam Anh Thu

- The social media team has updated the fanpage interface, giving it a more professional and polished look.
- A highlight this week is the evening workshop “Khoang Trong” on December 12, marking HOPE’s first official introduction to the community.

Team Volunteer

Leader: Nguyen Van Anh

- After the Christmas Market event, Volunteer team received around 25 new sign-ups — a proud milestone that shows HOPE’s community approach is gaining attention and warmly welcomed.
- We are excited to welcome a new team of international residents in Vietnam who are eager to support our mission and contribute their energy and compassion to the community.

Team Education

Leader: Han Tran

- The Education team has begun developing age-appropriate suicide awareness guides for different school levels, including practical support steps for students. The plan is to distribute these guides free of charge to 100,000 schools across Vietnam.
- Hân, the team leader, is overseeing the professional quality of all training sessions and is responsible for developing HOPE’s internal materials.

Team Donation

Leader: Thanh Vi

- The Donation Team worked with incredible enthusiasm throughout the Christmas Market, with the team leader even flying to Da Nang to take part in the event. They also successfully secured two new donors in Ho Chi Minh City.
- The team is currently supporting the Education Team in developing the guides and assisting with the distribution process.

Team IT

Leader: Duc Anh

- Wednesday 17 December first meeting with 5 new members
- Short Term plan, building a webshop.
- Long Term Plan making an AI chat Box, for suicide prevention.



Dinner for Loneliness

Christmas is an important time in many Western countries. For many people it brings warmth, traditions, and moments of connection with family and friends.

But for others, Christmas can be a very difficult period. The days can highlight loneliness and grief, especially for older people who have lost loved ones or who celebrate alone. Statistics and many personal experiences show that loneliness often increases during the holidays, and for some people this can deepen into depression.

That is why it is so important that suicide prevention hotlines and mental health support remain available during these days. There can be a lot of hidden sadness behind the lights and celebrations, and having someone to talk to can make a real difference.

In Vietnam, the TET holiday is very important. That is why Hope wants to organize a free TET holiday dinner in Da Nang for people who are alone, or who feel alone, or do not have a place to call home. We would like to invite volunteers to help us. More information will be provided soon.

Our Progress

	November	December	January	Total
Hotline Calls	0	31		31
Messages	1	12		13
New Volunteers	20	27		47
Sponsors	1	0		1
Website Visits	45	292		337
Facebook Followers	201	27		228
Events	1	2		3